

# International Volunteering Day

## 7th October 2011

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The 29 volunteering projects for kids and young people in five German cities

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- **Munich – Boomerang youth centre**

With its young children's area and teenager area, and with its mobile playbus service, the Boomerang youth centre provides children of all ages in the district of Moosach with a public place to meet. Boomerang contributes decisively to the social and cultural infrastructure of Munich's northern and north-western areas. Plans are underway to expand and enhance the Boomerang youth club with a number of attractive leisure opportunities. The plans include the construction of cube seats, the installation of a dartboard wall and painting work. If there is any time left, a basketball ring will be fitted and various play devices will be repaired. Children of all ages take part in each of the activities in the afternoons once they have finished school. The project enables them to have appreciation and interest shown in their ideas, their environment and in themselves.

- **Munich – Skills challenge course**

Of the around 270 students at the Wörthstrasse secondary school, over 70% have an immigrant background. Kinderschutz e.V. provides students with support and encouragement by assisting them with individual issues, providing them with afternoon activities to do, giving them a hot lunch, helping them with homework, involving them in class projects against violence and helping them as they make the transition from school to the world of work. With the help of the Telefónica team, the students are encouraged to discover their own personal strengths and preferences as part of a "skills challenge course". The children go through various checkpoints, putting their crafting, technical, business, home economic and creative skills to the test. At the end of the challenge course, they will have a better idea of what they might be good at, and what not.

- **Munich – NahRaum children's home**

The NahRaum children's home houses up to eight children and young people who are unable to stay with their families for a certain period of time. Nonetheless, the parents are involved in the children's everyday activities to the greatest extent possible, meaning that a very large number of people are often present on the home's premises. It's hard for the children to escape all this commotion. There is an as yet unused room in the basement of the house, which is to be converted into a "relaxation island" with the help of the Telefónica Germany team. To this end, a raised platform is to be built and furnished with covers, pillows and a reading light.

- **Munich – New swing for the curative education day-care centre**

The curative education day-care centre provides support and assistance to children and young people with psychological problems, for example from the separation of their parents or the loss of one of their parents. The aim is to provide both the children and their families alike with the stability they need to better

handle future challenges in day-to-day life. The facility was relocated in July 2011 and is currently in the process of getting settled into its new premises. The huge outdoor area may provide plenty more space, but as it is, it's not a very inviting place to play in. Plans are now underway to change this – with the help of the Telefónica team, a swing is to be fitted and a sandpit is to be constructed.

- **Munich – Study group room for the Dr.-Elisabeth-Bamberger-Schule**

The school "Dr.-Elisabeth-Bamberger-Schule" is a state-approved private support centre. The school is attended by children with problems such as disorders with development, difficulties in engaging with other people, poor self-esteem, a lack of security and fear of failure. Dr.-Elisabeth-Bamberger-Schule will open its doors from September 2011 onwards for around ten students from year 7 to year 9 for after-school assistance, providing them with a meal together and assistance with their homework. The service already has at its disposal a room, which needs to be furnished and decorated to turn it into a pleasant atmosphere for learning and being together. This is where the Telefónica team comes into play.

- **Munich – A new coat of paint for the café at the Wörthstrasse secondary school**

Of the around 270 students at the Wörthstrasse secondary school, over 70% have an immigrant background, with many growing up in poverty. Many of the children and young people, who arrived in Germany as refugees, live in confined quarters and have no privacy in the midst of their family. The very busy student café where they have lunch is in desperate need of a new coat of paint. The aim is simply to allow the students to feel more at ease there in the afternoon. Some of the furniture is also in need of repairing or replacement. This is why the Telefónica team is a great help.

- **Munich – Excursion to Sea Life with children from the Bayernkaserne refugee centre**

The individual support provided by the social services provider aims to give refugees and asylum seekers assistance in finding their way. This is particularly necessary in light of the fact that children are not entitled to attend any schools due to their status as refugees, and therefore spend most of their day in the refugee accommodation. The refugee children and young people from the Bayernkaserne refugee reception centre would be very glad to have a day out with employees from Telefónica, just so that they can get a little variety in their day. The excursion is expected to be to Sea Life.

- **Munich – New coat of paint for the MädchenRäume clearing house**

MädchenRäume is a port of call and temporary home for children and young people in need of help when they experience a variety of problems and family difficulties. Many of the children in the clearing house are refugees from countries like Afghanistan, Somalia and Iraq, or have had some bad experience here in Germany. MädchenRäume offers 12 to 18-year-old girls a temporary home when they are experiencing particularly difficult family and personal problems. A pleasant living atmosphere helps them to settle in. The girls enjoy using the living room a lot, so it is in need of a new look. The plan is to paint the walls in colour and fit new curtains.

- **Munich – Repainting in the Löhe Haus and Blutenburg shared residence for psychiatric patients**

A total of 14 young men and women between the age of 18 and 30 who suffer from psychiatric disorders live in Löhe Haus, a shared residence for psychiatric patients, and Blutenburg, a shared residence for intensive assisted living. Their mental illnesses prevent these young people from living alone at present, so they prefer to live with other people affected. These shared residences for mentally ill teenagers and young adults require some repainting. The plan is to have residents and Telefónica employees work together to give the places a new coat of paint.

- **Munich – Excursion with families experiencing problems with mental illness**

This facility supports adults with mental illnesses in various matters relating to work, occupation, daily structure, illness or even life matters such as dealing with parents and authorities, managing the household etc. An excursion with mentally ill adults and their children is planned. Trips out such as these are particularly exciting for the children, because the families often have very limited financial means and can hardly afford days out like this. The children here also have the opportunity to experience their parents in a light that is not defined by their illness and the associated limitations.

- **Munich – Mobile skater parks for “Jump” youth centre**

The “Jump” club is located in northern Munich, and the neighbourhood is one of the most troubled areas in Munich. This open youth club provides boys and girls between the ages of 6 and 16 a range of constructive activities for their free time. The programme is designed on the basis of the requests and needs of the children and is supported by educators. The children of the “Jump In” youth club have long desired to have a mobile skater park. This request is now hoped to be granted with the help of the Telefónica team. Mobile ramps and a separate house for shelter are to be constructed in this project.

- **Munich – Excursion to the Poing wildlife park for the residents of Karla 51**

“Karla 51” is an emergency residence for homeless women and their children in the centre of Munich. The reasons why these women are homeless vary greatly – frequently, these small families have lost their home as a result of domestic violence, unemployment or separation from their partners. In order to bring a little variety and joy to their everyday lives, the small families that have taken refuge at “Karla 51” would like to have a day out to the Poing wildlife park with their children who, at six years of age, are not yet of school age. A nice picnic for everyone is planned as part of the day. Financial shortages mean that excursions are not possible without support by means of donations, but exciting experiences in nature such as these are important for the development of these kids.

- **Munich – Football tournament with FC Wacker**

Currently FC Wacker München has over 200 active players in two men’s and eight youth teams. All stadium-related work at FC Wacker is carried out on a volunteer basis. But sometimes there is a lack of the right helping hands for several activities. The doors of the material cupboards are in urgent need of repair. A carpenter is available on a voluntary basis for this purpose. If he had to do all the doors himself, he would have to set aside several days for the work. It could all be done on a single

morning with the help of Telefónica employees. After lunch there will be a small football tournament with the players of FC Wacker.

- **Munich - Supervision room for all-day pupils**

Kinderschutz e.V. is represented at several lower secondary and special schools in Munich with "social work at schools" initiatives. These include classic school social work, supporting the pupils with problems and preparing solutions in individual cases with them with the involvement of the parents. Afternoon supervision at the all-day school occurs in classrooms and in the school cafeteria. There are hardly any options for the "afternoon children" to spend some time relaxing elsewhere. This is how the idea arose together with the pupils of converting a small room for this purpose. A start has already been made with the renovation, brightening up and furnishing of the room, but it has not proved possible to complete this work due to the lack of personnel and financial resources. Telefónica employees are making a big difference here.

- **Munich – Playground for the 'Lebensräume' social centre**

'Lebensräume' is a social centre for families with at least one parent with psychological problems and their children aged 0 - 12. 'Lebensräume' promotes interaction in a targeted manner between parent and child in order to bring about positive changes in their communication. A playground is to be constructed for the children in the 'Lebensräume' social centre. The aim is to provide the children on the one hand with somewhere suitable for them to be on their own and on the other hand to support everyday family activities and promote the playing of parent and child.

- **Bremen – New garden for Tobiasschule**

The Tobiasschule is a support centre for children and is oriented to the syllabus and anthropology of the free Rudolf Steiner Waldorf schools. Tobiasschule has a large, varied external site. It includes lawns, trees, hills, vegetable garden, sand pit, climbing frames and even a pond. The banks of the pond need trimming of the plants; a fence has to be moved to increase the size of the playground; and the sand hill is to be given a sharp edge made of natural stone. This is precisely where the Telefónica staff will help.

- **Bremen – New open-air theatre Lilienthal**

Lilienthal open-air theatre is a club founded in 1984 that is based on the commitment in the meantime of 140 volunteer staff. There are about 40 performances annually – in 2011 for example "Jim Knopf and Lukas the Locomotive Driver". The approximately 200 m<sup>2</sup> open-air stage has become damaged after more than seven years of performances and exposure to the elements and as a result at the end of this year's season has to be replaced. Before new construction occurs (carried out by the theatre members themselves), the old stage first has to be removed.

- **Hamburg – Climbing in the Alsterdorff youth centre**

The Youth Centre of the Alsterdorff Foundation provides social education services for children and young people who are political refugees or have a migrant background. As an introduction, the programme includes cooperative adventure

and encounter games. After warming up, mixed teams are formed, which can practice climbing, abseiling or archery. From about 3.30 p.m. there is a barbecue.

- **Hamburg - Green classroom**

Friends of the Earth Germany (BUND) is devoted to nature and environmental conservation. In Hamburg BUND is in particular devoted to protection of the river Elbe and an environmentally-friendly urban development, apart from climate protection in general. For the joint project "green classroom" raised beds are to be constructed to enable pupils of the Kirchdorf district school in future to plant, look after and harvest herbs and vegetables. In addition, in the currently completely open apple garden of the late Loki Schmidt a wicker fence is to be built.

- **Hamburg – New colour for the ARCHE**

The 'Arche Jenfeld' facility, which looks after over 100 children daily, has also provided a drop-in centre for disadvantaged young people since 2009. The rooms of the ARCHE youth centre are in urgent need of repainting. The common room, including billiard and table football-room, are to be painted. To make the atmosphere more comfortable, curtains are to be installed too. Five to six young people together with Telefónica employees are to tackle the job on the day.

- **Hamburg - New paint for the autonomous Hamburg youth workshop**

ajw is a club founded 27 years ago in the face of high youth unemployment. It has set itself the goal of training disadvantaged young people in craft professions in as practical a way as possible in "autonomous" workshops, i.e. ones that work independently. The walls and ceilings in the kitchen, girls' and boys' changing rooms and computer room need to be repainted. In the kitchen in addition the kitchen fronts need to be replaced. All the rooms have to be cleared before the painting work can begin.

- **Rostock - Media workshop**

Many young people master playful handling of the new media at a speed which constantly impresses adults. However, when it comes to making targeted and deliberate use of the opportunities of the new media, e.g. preparing a subject as a film or designing an interesting and logical presentation, there is still a lot to learn. Creative ideas are to be developed and implemented on the spot together with employees and the young people. Since they probably do not yet know the media workshop, the directors of the media workshop hope to get suggestions and active support from the impartial Telefónica employees in implementing the ideas.

- **Rostock – Sports grounds for the Kolping Meeting Centre**

The Kolping Meeting Centre coordinates social work in the Lichtenhagen social region. To do so the employees cooperate with the social facilities, institutions, schools and nursery schools in the district in order to be able to design the services offered and measures for the people in the neighbourhood as well as possible. The Kolping Lichtenhagen Meeting Centre will be reoccupied after extensive renovation from 30.09.11. The building includes a multi-function sports grounds, which has hardly been used for over a year and has not been maintained in this period. The task for the Telefónica team consists in getting the sports ground back in working order together with 10 – 15 young people of the Hanse Production

School. To do so the surface of the sports field needs to be thoroughly cleaned. In addition, wood repair and plastering work needs to be done.

- **Rostock – Die Tafel – salvage food**

The motto of the Rostock Tafel is "Supply instead of throw away!", food and items of daily use whose best-by date has not yet passed are collected and sorted by Tafel employees. The goods are either distributed directly to the needy, via nine food distribution points or indirectly by passing on the food to social institutions such as homeless hostels or children's and youth institutions. Help in sorting is needed on a daily basis in the warehouse. A team of Telefónica staff is welcome to provide all the help it can in sorting the goods. The employees will be given an introduction on the work of the Die Tafel and organisational processes in advance.

- **Nuremberg – Redesign in Hundertwasser style**

The "Aktivspielplatz Tunnelstraße" is located in the Steinbühl district along the railway line between Schlossäcker Street and Tunnel Street. Children of all nationalities have now been meeting there for 15 years. Everyone between six and fourteen can visit the active playground. There is a playhouse on the active playground with various indoor facilities, a large lawn and building area on which the children can build houses, huts and artistic objects made of wood. Animals live on the grounds too. The playground is under new management and is to be completely redesigned. Under the direction of the artist Peter Luther, the façade will be redesigned with tiles, mirrors and self-made elements out of all kinds of materials together with the children and employees.

- **Nuremberg – Jungle comfort corner for Friedrich-Wilhelm-Herschel Secondary School**

The Friedrich-Wilhelm-Herschel Secondary School is a modern school in the Nuremberg Südstadt district. The school makes allowance for many different methods and forms of learning in teaching. In cooperation with the art class in the sixth year the second floor is to be redesigned under the artistic direction of the teacher. The existing "Jungle comfort corner" is to be made more attractive with a new wall design and creative seating.

- **Nuremberg – New herb and kitchen garden for Luise – The Cult Factory**

Luise – The Cult Factory provides practice rooms, production and performance opportunities for live concerts by newcomer bands and semi-professionals, rock, soul and jazz nights, hip-hop jams, discos and festivals. Young people are provided with pedagogical support for their cultural activities through workshops, sessions, courses, contact and information exchanges. A regular cooking group takes place with boys from the district and young people from the school-related youth work (all-day facility of the Scharrerstraße lower secondary school). Cooking simple dishes is practised according to the motto "Cheap and healthy". A herb spiral is to be created outdoors with the help of the Telefónica employees on this day, which the young people will then look after and use for cooking. The young people can only arrive in the afternoon after school. Afterwards there is to be a healthy snack for everyone involved.

- **Nuremberg - Amsel adventure ground**

The adventure ground is a public recreation facility for children and young people from six to fourteen. It is in an industrially-oriented district close to a large recycling facility and waste incinerator. There are hardly any green areas in the vicinity as a result of which the adventure ground serves as a place where children can experience nature and be active outside without any risk. A shelter is to be built at the camp fireplace. This is to allow wood to be stored dry and provide space for roofed tables and seating at the fire. The cabin is to be planned together with the Telefónica employees and built out of wood.

- **Nuremberg – Hardhöhe Youth Centre**

The Youth Centre is attended by young people who live in the Hardhöhe district and frequently come from socially disadvantaged families. There are several rooms in the building, which are used for varying leisure activities; Internet, billiards, dancing and a sport room. Behind the house there is a children's playing field, which is used for summer football training and other outdoor activities. To make the outdoor grounds more attractive a 100 m fence is to be faced with raffia. In addition, it is planned to erect new seating outside, a wooden terrace and boule course.